

**CENTRE FOR MILITARY GAMBLING RESEARCH**



# **LIVED EXPERIENCE ADVISORY PANEL**

**INFORMATION PACK**

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# ABOUT THE **CENTRE FOR MILITARY GAMBLING RESEARCH**

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The Centre for Military Gambling Research (MilGam) is the first ever centre of excellence for military-related research on gambling harm.

It is co-directed by Professor Simon Dymond, Swansea University, and Professor Matt Fossey, Anglia Ruskin University, and funded by the Gambling Commission's regulatory settlements fund applied for socially responsible purposes.

Previous research conducted by members of the Centre suggests that HM Armed Forces community (current or ex-serving personnel) are at a greater risk of experiencing gambling-related harm than the general population (see [www.milgam.org/publications](http://www.milgam.org/publications)).

Therefore, the Centre aims to conduct further research to develop ways of supporting members of HM Armed Forces community who are experiencing gambling-related harms. To do this, we need help from current or former HM Armed Forces personnel who understand what is like to experience these harms.

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# MILGAM

## LIVED EXPERIENCE ADVISORY PANEL

Gambling can have a very damaging effect on people's lives. Conducting research that involves, or is directed by, people who have experienced these harms will likely make studies more valid and applicable. Some people also find the process confidence-building or empowering.

The Centre for Military Gambling Research is looking to put together a panel of such 'experts by experience' who are also currently serving or former members of HM Armed Forces.

They will advise us on the development of the Centre's programme of research, helping to ensure that we are asking the most important questions, and that any help and support designed or recommended will be appropriate and relevant.

# OUR VALUES & PRINCIPLES

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**MEANINGFUL, NON-  
TOKENISTIC INVOLVEMENT**



**ACCESSIBLE**



**MUTUAL  
RESPECT & TRUST**



**FLEXIBLE**



**FUNDED &  
SUSTAINABLE**



**VALUES DIFFERENT  
FORMS OF KNOWLEDGE**



**DIVERSE**



**HAS A CLEAR  
PURPOSE &  
GOALS**

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# ADVISORY PANEL MEMBERSHIP & ELIGIBILITY

The Centre's Lived Experience Advisory Panel will consist of at least six members, as well as a Chairperson who will be a member of the Centre's research team.

To join the advisory panel, people need to:

1. be a currently serving or former member of HM Armed Forces
2. have experienced gambling-related harms
3. not be employed by the gambling industry
4. have basic computer skills - be able to send/receive emails and documents, be able to participate in online meetings (use Zoom or Teams or similar)



# ADVISORY PANEL OVERVIEW OF MEETINGS

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There will be a panel meeting held every quarter, which will last an hour. However, as the work of the Centre and the panel evolves, this may become more frequent, or the meetings longer.

Meetings will be arranged at a date and time that suits members. They can happen face-to-face or online - or a combination of the two.

The meetings will mostly focus on generating ideas for research and for the Centre going forward, developing these into research projects, and monitoring the Centre's progress.

There will also be opportunities to be involved with specific research projects as they advance, depending on your interests. These meetings will be separate to the advisory panel meetings.

# ADVISORY PANEL

## PAYMENT & EXPENSES

For each one hour meeting you attend, you will receive a £25 shopping voucher (for example, Amazon) for your time.

If you have to travel to attend a face-to-face panel meeting, you will be reimbursed for your travel expenses. Refreshments will also be provided at meetings.

# ADVISORY PANEL

## DEVELOPMENT OPPORTUNITIES

Whilst you are an expert by experience, it may be that you would like to develop your research skills further as the opportunities to become more involved in research activities arise.

We will seek to support you in increasing your knowledge and skills, and will also be able to provide some in-house training



# ADVISORY PANEL MEMBER RESPONSIBILITIES 1

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You will be considered a member of the Centre's research team for as long as you are a panel member. Your role in the team may involve any of the list below, depending on you would like to contribute:

- Generating ideas and research questions to inform the Centre's research programme
- Translating those ideas and questions into research projects
- Being involved in applying for funding for projects
- Helping to formulate recommendations for policy around military-related gambling
- Assisting the design of support services or programmes for people who are experiencing gambling-related harms, or their loved ones
- Co-presenting at conferences and other events
- Taking part in evaluation activities

# ADVISORY PANEL MEMBER RESPONSIBILITIES 2

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As part of your role as a panel member, you may also be asked to participate in activities to support specific research projects. This may include:

- Reviewing and feeding back on study documents, such as interview questions and participant information sheets
- Advising researchers of how and where to find people to participate in the project
- Doing the research - handing out and collecting questionnaires; conducting interviews
- Helping researchers to make sense of the findings and themes that are emerging from the research
- Supporting the write-up or presentation of study results for different audiences

# GET IN TOUCH

If you are interested in becoming a member of the Lived Experience Advisory Panel, get in touch and let us know. If you have any questions about the Centre or the panel, please don't hesitate to take a look at our website, complete our Register of Interest form, or just contact us for an informal chat:



**[WWW.MILGAM.ORG](http://WWW.MILGAM.ORG)**



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